

Eileen Callahan Ph.D.
Licensed Clinical Psychologist / PSY16521
138 B Avenue Coronado, CA 92118
858-442-5119
ecallahanphd@gmail.com

Informed Consent for In-Person Services During COVID19 Health Crisis

This document contains important information about our decision (yours and mine) to resume in-person services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being.

If you decide at any time that you would feel safer staying with, or returning to telehealth services, I will respect that decision, as long as it is feasible and clinically appropriate,. Reimbursement for telehealth services, however, is also determined by the insurance companies and applicable law, so that is an issue we may also need to discuss.

Risks of Opting for In-Person Services

Although I will take all measures possible to minimize the risk (which I will outline below), you understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ride sharing services.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone (you, me, our families, and other patients) safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in our starting/returning to a telehealth arrangement.

- * You will only keep your in-person appointment if you are symptom free.
- * You will monitor your temperature before coming to each appointment. If you find that your temperature is elevated (100 degrees Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
- * You will wait in your car or outside (not in the lobby) until our appointment time.
- * You will use hand sanitizer upon entering my office.
- * You will wear a mask to enter my office. We will then determine if it is appropriate for you to continue to wear it during our session. (Our chairs will be at least 6 feet apart)
- * There will be no physical contact with me (i.e., shaking hands,...).
- * You will try to not touch your face or eyes with your hands. If you do, you will immediately sanitize your hands.
- * You will take steps between appointments to minimize your exposure to COVID19.

- * If you have a job that exposes you to other people who are infected, you will immediately let me know and we will likely return/begin telehealth instead.
- * If a resident of your home or anyone you have had close contact with, tests positive for the infection, you will immediately let me know and we will return/begin telehealth instead.

I may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

My Commitment to Minimize Exposure

- * Office seating in the therapy room has been arranged for appropriate physical distancing
- * I wear a mask when possible and appropriate
- * I ask that my patients wear a mask when possible and appropriate
- * The restroom will be off limits unless absolutely necessary, and will be completely sanitized afterward if it needs to be used
- * Hand sanitizer will be available in the therapy room
- * I ask all patients to wait in their vehicle or outside until their actual appointment time
- * Pens or other items that are commonly touched will be thoroughly sanitized after each use
- * Physical contact is not permitted
- * Tissues and trash bins are easily accessed and trash will be frequently disposed of
- * Between sessions a UV - C wand will be used to sanitize couches and chairs that have been used by previous patients. In order to have time to do this I will need to end sessions 5 - 10 minutes before the end of the hour.

If You or I Are Sick

You understand that I am committed to keeping you, me, and all our families safe from the spread of this virus. If you show up for an appointment and I believe that you have a fever or other symptoms, or believe you have been exposed, I will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate.

If I, or someone I have had close contact with, tests positive for the coronavirus, I will notify you so that you can take appropriate precautions

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that I may have do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent that we agreed to at the start of our work together. Your signature below shows that you agree to these terms and conditions.

Patient

Date

Eileen Callahan, PhD

Date